



**“A Spiritually Nourishing
Journey”
17th Annual Retreat
October 7th-9th, 2016
Baker Lake , WA**

Mission Statement

To spread the good news of the Lord to women in the Skagit Valley area by bringing them together to nurture their growth in Christ through worship, fellowship, and teaching in a non-threatening environment



Upper Skagit Valley Women's Ministry

P.O. Box 964
Concrete, WA 98237

Phone: 360-826-6141 **
please leave message if necessary
Fax: 360-826-3712

Email: upperskagitwomen@stumpranconline.com
Web: www.stumpranconline.com/upperskagitwomen

Upper Skagit Valley Women's Retreat Registration

Name _____
Address _____
City _____ State _____ Zip _____
Phone : _____

I would like to room with _____
(If you are requesting a specific roommate, please send together in same envelope. We will try to accommodate your request.)

There will be Massage time available:
Massage costs: \$15—15 min, \$30—30 min
First Come First Served
Please indicate interest Y _ N _ &
Length of time wanted**

Registration Fee : Please indicate your choice
\$110.00 ___ Full Retreat—includes 2 nights lodging & five meals)

**Please let us know about any special dietary needs in advance. Few RV spaces available inquire
\$100.00 ___ Early Bird by Sept. 26th** . Saturday –1 day/2 meals—\$75.00 _____

*We require final head count for meals by September 30th, please try to register prior to that date. If on or after call phone numbers on back of brochure to register rather than mailing retreat form back please. Thank you.



Traci Wolfington, USVWM Retreat

Speaker 2016

Traci Wolfington grew up in the Seattle area in broken homes, full of chaos and abuse. She moved past this chaos when she meet her husband of 23 years, Rick.

Traci gave her life to the Lord shortly after meeting her husband . She was led to share her story of restoration and her journey to wholeness in Christ in her book "Truth About a Girl".

Traci is the Mother of five children , four daughters and one son. She and her family reside in North-Western Washington where she works as a Registered Nurse. Traci and her husband Rick have enjoyed being involved in ministry, mostly to young adults & teens, most of their marriage. Writing is something Trace has enjoyed since she was a young girl writing poems & short stories for fun and a way to escape. Traci's heart is to lead others to the fullness of God's Love by sharing the truth found in his word...

Her book will be available to review at the Retreat and for purchase if you would like a copy of it.

We look forward to hearing from Traci and to combining this with our 2016 workshops ; our Spa retreat to "A Spiritually Nourishing Journey" Discussing psalm 100:5 in workshops throughout our time together.

Schedule

Friday, October 7, 2016

Registration/Settle In	3:00-5:00 p.m.
Dinner	5:00-6:00 p.m.
Welcome/Announcements	6:00-6:10 p.m.
Speaker: Traci Wolfington	6:10-7:00 p.m.
Worship/Session #1 -	7:10 pm -8:15 pm

Saturday, October 8, 2016

Breakfast	7:00-8:00 a.m.
Worship/Session #2	8:15-9:00 a.m.
Worship/ Session #3 –	9:15-10:00 a.m.
Speaker :	10:15-11:30 p.m.
Free time **	11:30– 12:00 pm
Lunch	12:00-1:00 p.m.
Worship /Session #4 /#5	1:15 pm -2:45 pm
Personal Time	2:45 pm-4:45 p.m.
Worship/Speaker	4:45 pm-5:15 p.m.
Dinner	5:30-6:30 p.m.
Open Time	6:30 pm on

Please be considerate after 10 pm :)

Sunday, October 9, 2016

Breakfast	8:00-9:00 a.m.
Worship /Session #6	9:15-10:00 a.m.
Speaker Overview & Communion	10:00-11:00am

Schedule is subject to change.

What to Bring : Casual Clothes & Bible. Personal Toiletries & hair dryers.

We will have basket raffles -raffle tickets available Proceeds go to scholarship fund & community needs. Scholarships -available please Contact us if you need assistance

To Register

Complete registration form on the reverse side and send it with full payment ; check or money order by 10/03/16 or see notes**for Early Bird cut off (9/26) Registration remains open until all spots are filled, first come first served. Check/Money order Payable to:

USVWM

P.O. Box 964

Concrete, WA 98237

To find out more about our group, please see our website at :

www.stumpbranchonline.com/upperskagitwomen

Each registration form must have individual name, address & phone number for each attendee please. Please indicate who you would like to room with and we will try to accommodate you. Confirmation of your registration, will be sent by email or return snail mail. Refunds available for special needs. Limited Scholarships available, please inquire if Interested.

Baker Lake Lodge Directions:

From I-5 North or South
Take Exit 232-Cook Rd.
Proceed east 4 miles to Sedro Woolley.
Turn left onto Highway 20 (North Cascades Hwy).
Proceed east approximately 16 miles.
Turn left onto Baker Lake Road.
Proceed north 14.25 miles to Baker Lake Dam Road (Go past the old Road closure and over the bridge to new Baker Lake Dam Road turnoff).
Turn right onto Baker Lake Dam Road
Proceed 1 mile to Baker Lake Lodge
Enter at Gate 1 with access code provided in instructions at the entry gate.